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Scan for Dhyan Kaksh Location





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"Our greatest ability as humans is not to change the world, but to change ourselves".

Mahatma Gandhi

On the occasion of Gandhi Jayanti, **Dhyan-Kaksh** (School of Equanimity & Even Sightedness), Faridabad, Haryana in collaboration with **'Satyug Darshan Sangeet Kala Kendra'** and **'Humanity Development Club'**, is delighted to announce and invite you to participate in the National Open Oratory Contest, 'The Spiritual Eloquence'. Inspired by the sacred holy scriptures, enriched by the principles of the School of Equanimity and Even-Sightedness and guided by the teachings of Mahatma Gandhi Ji, this contest seeks to reignite the foundational values and morals that empower us to tread the path of truthfulness and righteousness with courage, transforming us to virtuous human beings as envisioned by the Father of Nation. Join us in honouring his enduring legacy and nurturing the spirit of lifelong learning and moral integrity. This prestigious contest provides a unique opportunity to take centre stage on a national platform, engage in thoughtful discourse, hone your public speaking skills, and contribute to build a more morally upstanding society.

Objective

This contest seeks to:

- Empower Young Minds: Foster confidence and creativity in participants, paving the way for holistic development and spiritual upliftment.
- Promote Unity: Reinforce the timeless truth that "United we stand, divided we fall," countering widespread ignorance.
- Cultivate Key Values: Encourage participants to internalize essential principles, including:
 - Self-introspection: Reflect on personal strengths and areas for growth.
 - **Self-control:** Cultivate discipline and emotional regulation.
 - **Self-realization**: Recognize and actualize one's true potential.
 - Thoughtfulness: Develop empathy and consideration for others.
- **Spread Peace and Harmony:** Through impactful speech on selected topics, promote the ideals of peace and harmony, as envisioned by Gandhi Ji.

Target Group and Eligibility

We invite entries for the following categories either in Hindi or English language:

A. Student Categories

- 1. Category 1: Ankur
- Eligibility: Students in classes 6th to 8th
- 2. Category 2: Pushp
- Eligibility: Students in classes 9th to 12th
- 3. Category 3: Taruvar
- Eligibility: Collegians aged 18 to 23 years
- **B. Non-Student Category**
 - Open Category: Darakhht
 - Eligibility: Individuals aged 24 years and above

Note: Students applying in Categories 1, 2, and 3 are not eligible to participate in the Open Category.

Coverage

Nationally: This contest welcomes participants from across India, encouraging entries from diverse regions and communities

Prizes

1. City Level

Screening Contests: No prizes are awarded at this stage.

2. State Level

E-Certificate: Awarded to all participants.

3. National Level

Participation Certificates: Given to all participants.

Cash Prizes in each category:

a. **1st Prize:** ₹11,000

b. **2nd Prize:** ₹5,100

c. **3rd Prize:** ₹2,100

Language

Hindi and English

Implementation Strategy

1. Time Line of the Contest

Event	Date	Details
City-Level Submission Date	4th September 2024	Last date for video submission.
City-Level Results	12th September 2024	Announcement of city-level performance and State-Level qualifiers on the website.
State-Level Virtual Contest (Category 1)	20th September 2024	Virtual contest conducted at the State-Level. Time – 10am onwards
State-Level Virtual Contest (Category 2)	21st September 2024	Virtual contest conducted at the State-Level. Time – 10am onwards
State-Level Virtual Contest (Category 3)	21st September 2024	Virtual contest conducted at the State-Level. Time – 3pm onwards
State-Level Virtual Contest (Category 4)	22nd September 2024	Virtual contest conducted at the State-Level. Time – 10am onwards
State-Level Results	25th September 2024	Announcement of National-Level qualifiers on the website.
National Level	2nd October 2024	Final contest at the Auditorium, Satyug Darshan Vasundhara, Faridabad.

2. Inviting Applications

Application Submission:

- Interested participants should submit their application forms using the following link: https://dhyankaksh.org/spiritual-eloquence.php
- Do not close the window before complete submission of the form.
- Ensure that the application form is duly filled out and submitted by the specified deadline.

3. Selection of Judges

• Judgement Panel:

• A bench of three judges will evaluate participants' performances across all levels of the 'Eloquence', including City-Level Screenings.

• Efficacy of Judges:

- Judges will be distinguished professionals with expertise in various fields such as education, academics, history, development, social work, activism, and mass media.
- They will assess performances in both Hindi and English language.
- **Objective:** Ensure a fair and thorough evaluation of each participant's performance, drawing on the diverse experience and knowledge of the jury.

4. Levels of the Eloquence and Inviting Participants

a. City Level

- **Submission:** Participants under aforementioned categories should upload a 3-minute video of their performance via the link provided in the Google Form.
- Advancement: One entry per city per category (i.e.4 entries per city), will advance to the State-Level contest.

(**Note**: Video should be in .mp4 format or .mov format)

b. State Level

- **Presentation:** Selected participants will present their speech on a virtual platform.
- Time Limit: 5 minutes per speech.
- **Selection:** One performer per State per category (i.e. 4 entries per state) will be chosen to advance to the National Level.

c. National Level

- Final Performance: Qualified participants from the State-Level will perform on the grand stage of the Auditorium, Satyug Darshan Vasundhara (Regd.), Faridabad, Haryana.
- Date: 2nd October 2024
- Time Limit: 5 minutes per performance.

Important Note:

■ Detailed guidelines for the oratory contest at various levels are provided in Annexure – 2.

Topics and Guidelines

1. Refer Annexure 1 for Category-wise Topic Distribution

2. Guidelines:

- **Content Sources:** Participants must select content exclusively from the prescribed PDF or provided booklets.
 - PDF can be retrieved from the website: www.dhyankaksh.org
 - Each PDF includes a scanner link for video reference related to the topic.
- Consistency: The topic and its structure must remain consistent throughout all levels of the contest.
 - Participants are not permitted to change their topic once the contest has started.

Speech Content:

- Participants may include verses, couplets, and real-life instances in their respective speech.
- Songs, Poetry of any kind are prohibited.

Category 1

Ankur

(Class 6th to 8th)

- 1. दृष्टि कंचन
- 2. ध्यान-कक्ष यानि समभाव-समदृष्टि का स्कूल (परिचय)
- 3. विचार
- 4. आत्मिक ज्ञान एवं भौतिक ज्ञान में अंतर
- 5. संकल्प स्वच्छ
- 6. जिह्वा स्वतन्त्र अर्थात् आहार एवं वाणी संयम

Category 3

Taruvar

(College students 18 to 23 years)

- 1. ओ३म शब्द की महानता व महत्ता
- 2. समभाव
- 3. समभाव साधना
- 4. आत्मसंयम/आत्मनियन्त्रण (भाग-१ और-२)
- 5. आत्मिक ज्ञान के लिए पहली आवश्यकता
- 6. विवेक जाग्रति
- 7. विवेकशील मानव की पहचान

Category 2

Pushp

(Class 9th to 12th)

- 1. प्राण को सम रखने की कला
- 2. शीश अर्पण व शारीरिक समता साधने का महत्त्व
- 3. आत्मानुशासन एवं आत्मविजय
- **4.** भाव
- 5. आत्मनिरीक्षण
- 6. निज मानव स्वरूप की पहचान
- 7.विवेक

Category 4

Darakhht

(Age 24 years and above)

- 1. आत्मिक ज्ञान प्राप्ति से लाभ
- 2. यथार्थ ब्रह्म स्वरूप की पहचान
- 3. ब्रह्म
- 4. शब्द ब्रह्म
- 5. आत्मज्ञानी की पहचान
- 6. समबुद्धि एंव समभाव-समदृष्टि का व्यावहारिक रूप
- 7. समदृष्टि
- 8. आत्मज्ञान

Refer to the following link for the perusal of topics

https://dhyankaksh.org/books.php

or

Scan this QR code for the perusal of above topics



There is no explicit registration process. Video submission is registration only.

1. General Rules

a. Language:

• The medium of language for presenting the speech should be either in Hindi or English.

b. Topic:

• Participants will speak on one of the topics specified in Annexure-1.

c. Duration:

- The time limit of the speech should range between 4 to 5 minutes at State Level and National Level.
- The time limit of the speech should be strictly followed at each level.
- Time limits will be strictly enforced, with a 30-second warning given at the State and the National level.

d. Delivery:

- Participants must memorize their speech.
- Reading from papers, notes, or the proposed book is not allowed.

2. Evaluation Criteria

a. Content:

- Greeting & Introduction: Begin with a greeting and introduce the subject.
- Exposition: Clearly present the main theme with conciseness and originality. Include personal references and quotations where relevant. Delivery of the content should be assertive yet modest. Any kind of obscenity will lead to disqualification.
- Conclusion: Summarize and conclude effectively.

b. Speaking Presentation:

- Memorization: Evaluation based on natural pauses and memorization.
- **Verbal Clarity:** Ensure clear enunciation, correct pronunciation, appropriate voice strength, and effective projection.
- **Presentation Style:** Assess mannerisms, audience engagement, and voice modulation. Maintain a dynamic speaking style that keeps the audience captivated.

c. Dress Code & Mannerisms:

- **Dress Code:** Participants under Category 3 & Non-School Category are required to dress up in neat & well-ironed formal attire. School students are required to wear their neat & clean school uniform.
- Personal Hygiene: Maintain good personal hygiene, including a neat haircut or hairstyle and appropriate grooming.
- Mannerisms: Display good manners and proper etiquette throughout the contest. Proper decorum should be maintained by the participants. Inappropriate behaviour with management, judges, or organizers will result in immediate disqualification.

3. Marking Criteria at City, State and National Level:

Marks may be awarded as per the following criteria out of the marks allocated against each category:

S. No.	Marking Criteria	Number of Marks
1.	Content and Context	20
2.	Innovative Ideas	10
3.	Communication/Oratory skills	20
4.	Presentation skills/Engagement	20
5. Clarity of ideas and thoughts		20
6.	Confidence level	10
	Total	100

4. Judgement and Scoring:

- The marks awarded by all three judges will be combined to determine the total marks for each participant.
- The average of these total marks will be the final score for each participant.
- A merit list will be prepared based on these final scores.
- Participants with the highest scores in order of merit will be declared as 1st, 2nd, and 3rd prize winners.
- The decision of the judges will be considered final.

Miscellaneous Guidelines:

- 1. There is no registration fee at any level.
- 2. Participants must ensure proper internet connectivity while appearing in the contest at State Level.
- 3. Participants in open category should carry their identity proof (Aadhar card, driving license, election card, etc.). Specifically, school students are required to produce their school i-card on the final judgement day.
- 4. All participants are expected to maintain decorum at the event venue.
- 5. Tampering with the provided content is strictly prohibited.
- 6. Speech must not show biasedness towards any caste, creed, religion, gender, or community.
- 7. The organization reserves the right to take appropriate action for any unethical, unprofessional, or immoral conduct.
- 8. In any situation not covered by these rules, the organization's decision will be final.
- 9. All contest-related information will be uploaded on the Dhyan-Kaksh website www.dhyankaksh.org
- 10. For any questions or further information, please do not hesitate to reach out via email at (spiritualeloquence.nooc@gmail.com) or call us directly at our helpline numbers.

HELPLINE NUMBERS

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